



*If I told you,
What would you do?*

*Would you make me feel **safe**?*

*Would you show me
that I can **trust** you?*

*Would you help me find others
who **understand** and can
offer me **support**?*

*Would you **walk with me** at my pace?*

*Would you encourage me
to use my **voice**?*

*Would you respect my **choices**?*

*Would you **value**
who I am right now?*